Table 1: Summary of trial phases and groups

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| Trial phase | Software group | Spacing group | Massed practice group |
| Pretest | Six minutes | Six minutes | Six minutes |
| Phase 1 | 20 minutes of class time to study using learning software | 20 minutes of class time to study using a PDF version of the content | Class time as normal, covering different material from the RCT content |
| Gap | Two weeks | Two weeks | Two weeks |
| Phase 2 | 20 minutes of class time to study using learning software | 20 minutes of class time to study using a PDF version of the content | 40 minutes of class time to study using a physical version of the content |
| Gap | Two weeks | Two weeks | Two weeks |
| Phase 3 | 10-minute post-test | 10-minute post-test | 10-minute post-test |