

## **Critical Appraisal Tool (CAT)**

Artic	le to	be ap	opraised:
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Author/s (year) title. Journal, page numbers.	
Validity	
<ul> <li>1. Does the study clearly state its aim/s?</li> <li>☐ Yes</li> <li>☐ What are they?</li> <li>☐ I don't know</li> <li>☐ No</li> </ul>	
<ul><li>2. Is the literature review relevant to the study?</li><li>☐ Yes</li><li>☐ I don't know</li><li>☐ No</li></ul>	
Add comments about the literature review here:	
3. Is the research approach (ethnography, phenomenology) approp  ☐ Yes ☐ I don't know ☐ No	oriate to the aim of the study?
Add comments about the design here:	Is qualitative or quantitative data needed to respond to the research question?

□ Yes □ I don't know □ No  Add comments about the methods here:  S. Are the collected data rich in quantity and quality (i.e. do they allow for detailed, in-depth analyses of participants' views and experiences)? □ Yes □ I don't know □ No  Add notes about the type of collected data here:  What insights can we gain from them?  What insights can we gain from them?  What type of sampling did they use (purposeful, nominated, convenience,)?  What type of sampling did they use (purposeful, nominated, convenience,)?  Add notes about participant selection process here:  7. Has the researchers' role in conducting the research been taken into account? □ Yes □ I don't know □ No  Add notes about researchers' role here:	4.	Are the research methods appropriate for the study design and aims?	
No   used (e.g. observation/interview)   Add comments about the methods here:   used (e.g. observation/interview)   What insights can we gain from them?    5. Are the collected data rich in quantity and quality (i.e. do they allow for detailed, in-depth analyses of participants' views and experiences)?   Yes   I don't know   No   Add notes about the type of collected data here:     What type of sampling did they use (purposeful, nominated, convenience,) ?  Add notes about participant selection process here:   Yes   I don't know   No   No   No   No   No   No   No		□ Yes	
observation/interview)  Add comments about the methods here:  5. Are the collected data rich in quantity and quality (i.e. do they allow for detailed, in-depth analyses of participants' views and experiences)?    Yes		☐ I don't know	What methods were
observation/interview)  Add comments about the methods here:  5. Are the collected data rich in quantity and quality (i.e. do they allow for detailed, in-depth analyses of participants' views and experiences)?    Yes		□ No	used (e.g.
Add comments about the methods here:    What insights can we gain from them?			
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participants' views and experiences)?    Yes			
participants' views and experiences)?    Yes			
participants' views and experiences)?    Yes			
participants' views and experiences)?    Yes			
participants' views and experiences)?    Yes			
participants' views and experiences)?    Yes			
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□Yes □I don't know □No		Add notes about participant selection process here:	
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□I don't know □No	7.	Has the researchers' role in conducting the research been taken into account?	
□No		□Yes	
□No		□I don't know	
Add notes about researchers' role here:			
Add notes about researchers for here.		Add notes about researchers' role here:	

## Trustworthiness

8. What are the overall results of the study?
Add the main results here:
<ul> <li>9. Are the results credible (i.e. was data triangulated, did researchers have repeated contact with participants, was peer debriefing used, etc.)</li> <li>☐ Yes</li> <li>☐ I don't know</li> <li>☐ No</li> </ul>
10. Are the data analysed appropriately (i.e. are data analysis steps such as transcription, coding etc described)?  ☐ Yes ☐ I don't know ☐ No
11. Are the results described precisely (e.g. are excerpts of interviews/journals provided)?  ☐ Yes ☐ I don't know ☐ No
12. Are limitations of the study described?  ☐ Yes ☐ I don't know ☐ No
13. Are the conclusions the authors draw from their findings appropriate?  ☐ Yes ☐ I don't know ☐ No
dd comments about conclusions here:

Relevance	
14. Are the findings relevant to your context?	
☐ Yes ☐ I don't know	
	7
Add comments about the relevance of findings to your context here:	
	_
15. Were all important outcomes considered?	
☐ Yes ☐ I don't know	
□ No	
Add comments about outcomes here:	٦
Impact on practice:	
$\square$ I have increased my knowledge of from reading this article	
☐ I have a better understanding of the qualitative research process from reading this article	
$\square$ I have a greater understanding of how to apply research findings to practice from reading and d this article	iscussing
List at least one thing that you learnt from this study:	
List at least one way YOU could apply the findings from this study to your teaching practice:	
Overall, how would you rate this study? (1 = low merit, 5 = high merit)	
□ 1	
□ <b>2</b>	
□ <b>4</b>	
$\square$ 5	

Overall, ho impact):	ow much of an impact do you think this research will have on your practice? (1 = low impact, 5 = high
	1
	2
	3
	4
	5

## References

Critical Appraisal Skills Programme (2018). CASP Qualitative Checklist. Available at: <a href="https://casp-uk.net/wp-content/uploads/2018/01/CASP-Qualitative-Checklist-2018.pdf">https://casp-uk.net/wp-content/uploads/2018/01/CASP-Qualitative-Checklist-2018.pdf</a>

Jeanfreau SG and Jack L Jr (2010). Appraising qualitative research in health education: guidelines for public health educators. *Health promotion practice*, *11*(5), 612–617. https://doi.org/10.1177/1524839910363537